



# APhA Pharmacy-Based Cardiovascular Disease Risk Management

*A NATIONAL CERTIFICATE PROGRAM*

## **WEST VIRGINIA UNIVERSITY SCHOOL OF PHARMACY**

**SEPTEMBER 22, 2017 – 7:30AM TO 5:00PM**

CHARLESTON MARRIOTT TOWN CENTER – 200 LEE STREET EAST – CHARLESTON, WEST VIRGINIA 25301

For questions about this program, please contact:

Michael Kurilla, M.Ed., CE Program Specialist – 304-293-5103 or [mpkurilla@hsc.wvu.edu](mailto:mpkurilla@hsc.wvu.edu)

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**APhA's Pharmacy-Based Cardiovascular Disease Risk Management** is an innovative and interactive certificate training program that explores the pharmacist's role in cardiovascular disease risk management. This practice-based activity is the first step for pharmacists interested in learning the essential skills to successfully assess risk, promote cardiovascular disease prevention, and encourage patient adherence to therapy.

### **The goals of this program are to:**

- ❖ Educate pharmacists on current evidence-based treatment goals and clinical management recommendations for dyslipidemia and hypertension.
- ❖ Familiarize pharmacists with important concepts related to healthful lifestyle changes that focus on cardiovascular disease prevention.
- ❖ Introduce techniques and skills for encouraging patient adherence to prescribed therapies.
- ❖ Ensure pharmacist proficiency in blood pressure measurement technique and point-of-care lipid testing.
- ❖ Enhance pharmacist experience in applying elements of motivational interviewing with respect to medication adherence and lifestyle modifications.

**APhA's Pharmacy-Based Cardiovascular Disease Risk Management** certificate training program has two components: web-based interactive self-study with assessment and the live seminar with online final assessment. A Certificate of Achievement will be awarded to participants who successfully complete all program components, including an evaluation.

### **Live Training Seminar will focus on these core areas:**

- ❖ A case-based approach to cardiovascular disease risk assessment and treatment decisions, managing special situations, treating hypertension in a patient with diabetes, and lifestyle modifications and motivational interviewing.
- ❖ Skills assessments on blood pressure measurement technique and motivational interviewing. Participants will be conducting blood pressure assessments on other participants.
- ❖ A discussion regarding the role of the pharmacist and existing business models for cardiovascular disease risk management services.

For a complete list of learning objectives and for all APhA accreditation information and policies, please visit APhA's website, <http://www.pharmacist.com/pharmacy-based-cardiovascular-disease-risk-management>.

## Seminar Agenda

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|---------------------|--|
| ➤ 7:30 AM           | <b>Registration</b>  |
| ➤ 8:00 AM–8:15 AM   | Welcome and Introduction                                       |
| ➤ 8:15 AM–10:00 AM  | Cardiovascular Disease Risk Assessment and Treatment Decisions |
| ➤ 10:00 AM–10:15 AM | <b>Break</b>   |
| ➤ 10:15 AM–11:15 AM | Special Situations and Clinical Updates                        |
| ➤ 11:00 AM–11:15 AM | Clinical Updates   |
| ➤ 11:15 AM–12:15 AM | Lifestyle Modifications and Motivational Interviewing          |
| ➤ 12:15 PM–1:15 PM  | <b>Lunch and Networking</b>                                    |
| ➤ 1:15 PM–2:00 PM   | Motivational Interviewing Activity                             |
| ➤ 2:00 PM–2:30 PM   | Patient Assessment Skills                                      |
| ➤ 2:30 PM–3:00 PM   | Blood Pressure Measurement Practice                            |
| ➤ 3:00 PM–3:20 PM   | <b>Break</b>   |
| ➤ 3:20 PM–4:10 PM   | Business and Practice Models                                   |
| ➤ 4:10 PM–4:45 PM   | Transitions of Care Patient Case                               |
| ➤ 4:45 PM–5:00 PM   | Take Home Points and Final Instructions                        |
| ➤ 5:00 PM           | <b>Adjournment</b>   |

## Faculty

**Krista D. Capehart, PharmD, MSPharm, BCACP, AE-C**, Clinical Associate Professor  
Director of the Wigner Institute for Advanced Pharmacy Practice, Education and Research  
West Virginia University School of Pharmacy, Morgantown, WV

## Continuing Pharmacy Education (CPE) Information and Activity Completion Requirements


Initial release date: 02/20/2015; expiration date: 02/20/2018

**Activity Type:** Practice-based, **Target Audience:** Pharmacists in all practice settings

**Learning Level: 2** — Experience with the topic is recommended, but advanced expertise or specialty practice in the subject area is not necessary. This activity will focus on expanding the learner's knowledge and application of new and/or more complex information.

- Successful completion of the self-study component involves passing the self-study assessment with a grade of 70% or higher and will result in 12 contact hours of CPE credits (1.2 CEUs). **ACPE Universal Activity Number: 0202-9999-15-001-H04-P**
- Successful completion of the live seminar component involves attending the full live seminar, passing the final assessment with a grade of 70% or higher and completing a skills assessment. Successful completion of this component will result in 8 contact hours of CPE credit (0.80 CEU). **ACPE Universal Activity Number: 0202-9999-15-002-L04-P**

Once credit is claimed, Statements of Credit will be available online within 24 hours on participant's CPE Monitor profile at [www.nabp.net](http://www.nabp.net). The Certificate of Achievement will be available online upon successful completion of the necessary activity requirements on the participant's "My Training" page on [www.pharmacist.com](http://www.pharmacist.com).

 The American Pharmacists Association is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

### **Technology requirements and suggestions for a better learning experience**

In order to participate in this activity, participants must have access to a computer with these minimum system requirements:

#### **Hardware Requirements**

- 128 MB of RAM
- 16-bit video card capable of 1024x768 screen resolution or better
- Speakers or headphones

#### **Software Requirements**

- **Microsoft Windows Users**
  - Microsoft Windows 98 SE, Windows NT 4.0 SP6a, Windows 2000 SP4, or Windows XP Service Pack 1, Service Pack 2, or Service Pack 3, Windows Vista, Windows 7, or Windows 8
  - Internet Explorer 8.0 or later, Firefox 1.5 or later, or Chrome
- **Apple Users**
- Mac OS X 10.3 or later
- Safari, Firefox, or Chrome
- Adobe Flash Player Version 10
- Adobe Acrobat Reader
- **Additional software** (for, Windows, Mac OS and all other operating systems, including mobile platforms)

APhA's learning activities are designed with multimedia which is best experienced while using a PC or Mac that is equipped with the hardware and software components described above. Although activities may also be viewed using portable devices, it is not recommended.

***APhA's Pharmacy-Based Cardiovascular Disease Risk Management*** was developed by the American Pharmacists Association.

**Refund Policy:** Cancellations received in writing at least 7 days prior to the program (fax 304-293-2529 or e-mail [mpkurilla@hsc.wvu.edu](mailto:mpkurilla@hsc.wvu.edu)) will be charged a \$160 cancellation fee then refunded the remaining registration fee. We reserve the right to cancel the program. In the event of a conference cancellation, registrants will be notified by phone/email and a full registration refund will be made.

## **Program Costs**

Each seminar is limited to a maximum of 60 people. Registration will be taken on a first-come, first-served basis. Participant cost will be \$400 per pharmacist and \$300 per student. This amount includes the cost of self-study and live seminar materials, continuing pharmacy education credit, continental breakfast, lunch, and breaks. Lodging, travel, and dinner expenses will be the responsibility of the participant. Cancellations received in writing at least 7 days prior to each program (fax 304-293-2529 or e-mail [mpkurilla@hsc.wvu.edu](mailto:mpkurilla@hsc.wvu.edu)) will be charged a \$160 cancellation fee then refunded the remaining registration fee. We reserve the right to cancel the entire program.

## **Hotel Information**

Charleston Marriott Town Center, 200 Lee Street East, Charleston, WV 25301. To reserve a room, call 304-345-6500.

## **Location, Directions, Parking**

### **From I-64 West**

Take Exit 58-C to US 119 S (Bigley Ave toward Washington Street/Civic Center). Keep left to stay on US-119 S/ Pennsylvania Avenue South. **Turn left at 2nd light**, onto US-60 East / Lee Street West (stay in middle lane). Continue straight ahead, the hotel is 2 blocks down on left side.

### **From I-64 East**

Take Exit 58-C (ramp on right) and follow signs for US-60, turn right onto US -60E /Lee Street East, Continue straight ahead, the hotel is 2 blocks down on left side.

### **Parking**

On-site parking, fee: \$5 USD hourly, \$15 USD daily, 267 spaces, well-lit and secure.

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Preferred registration and payment is online in our continuing education management system at <https://pharmacyce.wvu.edu/user/login> with a Visa, MasterCard, American Express, or Discover Card.

You can fax registration form to 304-293-2529. For registration and payment assistance please contact Michael Kurilla, M.Ed., CE Program Specialist at 304-293-5103 or email [mpkurilla@hsc.wvu.edu](mailto:mpkurilla@hsc.wvu.edu), or contact Dr. Ginger Scott, Director of Continuing Education, at 304-293-1553 or email [vscott@hsc.wvu.edu](mailto:vscott@hsc.wvu.edu).

**Please print or type: (One form per pharmacist)**

First name \_\_\_\_\_ MI \_\_\_\_\_ Last name \_\_\_\_\_  
(Please note both given and preferred names if different.)

Home Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Place of Employment \_\_\_\_\_

Work Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Fax Number \_\_\_\_\_

E-mail \_\_\_\_\_

Please list any special dietary needs (ex. vegetarian, etc.): \_\_\_\_\_

**Certificate Program Fee (check one)**

Student  
 Pharmacist

**Please circle**

\$300  
\$400

**Self-study materials will be available online at least 30 days prior to program date. Information to access the online self-study materials will be *emailed* to participants.** If you have not received an email with this information, please contact the WVU School of Pharmacy at 304-293-5103. Cancellations received in writing at least 7 days prior to the program (fax 304-293-2529 or e-mail [mpkurilla@hsc.wvu.edu](mailto:mpkurilla@hsc.wvu.edu)) will be charged a \$160 cancellation fee then refunded the remaining registration fee. We reserve the right to cancel the program.

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