Experiential and External Education Newsletter

Winter 2005

**New and Noteworthy**

*Introductory Pharmacy Practice Experience*

The Introductory Pharmacy Practice Experience (IPPE) is up and running in its first semester. First year pharmacy students are completing their requirements at a community pharmacy throughout both the Fall 2005 and Spring 2006 semesters and will finish with a two-week rotation in May. Although there have been a few bumps on this journey, the path is starting to smooth out, and the students seem to really be enjoying the experience.

For more information on the IPPE program, please contact the Office of Experiential and External Education.

*New School of Pharmacy Banner*

The Experiential Education Committee of the School of Pharmacy just developed a new banner to be used at various meetings, conferences, and events.

One side of the banner invites others like you to become a preceptor for WVU. The second side promotes the School of Pharmacy and its areas of concentration: education, research, and service.

Please be on the lookout for this banner at upcoming events!

**Mark Your Calendar**

Please mark your calendar for the following upcoming dates and deadlines:

**APPE**
- Block 7 ends December 16, 2005
- Student Assessment Forms from Block 7 are due on or before December 23, 2005
- Winter break for students: December 17, 2005 – January 8, 2006
- Block 8 begins January 9, 2006
- Block 8 ends February 3, 2006
- Student Assessment Forms from Block 8 are due on or before February 10, 2006

**IPPE**
- First year students must complete site visit 1 before 2/5/06
- First year students must complete site visit 2 before 3/5/06
- First year students must complete site visit 3 before 4/2/06
- First year students must complete site visit 4 before 4/23/06
- **All forms are due before 4/28/06**
- The community pharmacy rotation will begin 5/8/06 and end 5/19/06 for first year pharmacy students.

**General Information**
- WVSHP/WVPA spring meeting will be April 7th and 8th. Preceptor training may be scheduled for this time.

Betsy Elswick, Pharm.D. working at the Harrison County Health Fair.

Employees at WVU Hospitals, Inc. in their new TPN area.
Greetings from the Chair of Clinical Pharmacy

Welcome to the first edition of the Preceptor Newsletter! We hope this will be an effective means of communicating important news and information to you about the introductory and advanced pharmacy practice experience programs of the School of Pharmacy.

The revised mission statement of the School of Pharmacy (approved in December 2004) states that the mission of the School is to improve the health and well-being of West Virginians and society at large by educating students and practitioners to provide optimal pharmaceutical care; conducting vital research that advances scientific knowledge, pharmacy practice, and economic development; and providing direct and supportive services to patients, the community, and the profession.

I hope you can see yourself in this mission statement. The work that you do every day in teaching students is absolutely vital to the School’s mission. Your participation in the experiential education program has a tremendous influence on students and how they see themselves as future pharmacy professionals. In turn, we strive to provide educational opportunities and support that help you provide the best possible care to patients at your site. Volunteer faculty preceptors throughout the state and region have long been a strength of the School; we are very fortunate to have you! We plan to do all we can to continue this mutually beneficial relationship.

I know that you will have suggestions for how we can improve this newsletter and our educational programs. Please let us hear from you.

Terry L. Schwinghammer, PharmD
Chair, Department of Clinical Pharmacy
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(304) 293-5104

Welcome New Preceptors and Sites!

With the inception of the new IPPE program and the ever expanding APPE program, we have gained several new preceptors and sites. We apologize for any that may have been left off of this list.

- Rite Aid Pharmacy #1289 – Danville, WV (Brian Eskins, Pharm.D.)
- Rite Aid Pharmacy #3388 – Wellsburg, WV (Patricia Costa, Pharm.D.)
- Ted’s Plaza Pharmacy – Weirton, WV (Mary Davis, R.Ph.)
- CVS Pharmacy #6350 – Ceredo, WV (Bill Presley)
- Zimm Pharmacy – Fayetteville, WV (Mike Zimm, R.Ph.)
- Eckerd Drug #6089 – Weirton, WV (Mike Mastrantoni, Pharm.D.)
- Bland’s Drug Store – Clarksburg, WV (Renee Fox)
- Medbrook Medical Assoc., Inc. – Bridgeport, WV (Jacqueline Welsh, R.Ph.)
- Newpointe Pharmacy – Bridgeport, WV (Michael Kovack)
- Rite Aid Pharmacy #1802 – Bridgeport, WV (Donna Mayfield)
- Salem Colonial Pharmacy – Bridgeport, WV (Amy Bunch)
- Village Pharmacy – Lost Creek, WV (Randy Williams)
- Cabin Creek Health Center Pharmacy – Dawes, WV (Brian Sayre, Pharm.D.)
- CVS Pharmacy #3475 – Fairmont, WV (Dawn Stark, Pharm.D.)
- CVS Pharmacy #4021 – Fairmont, WV (Mike Prioletti, Pharm.D.)
- CVS Pharmacy #4132 – Fairmont, WV (Krista Harrison, and Jeff Mikol)
- Rite Aid Pharmacy #2799 – Fairmont, WV (Marty Hoffman, R.Ph. and Brian Pierson, Pharm.D.)
- CVS Pharmacy #6318 – Athens, WV (Steve Shrewsbery, R.Ph.)
- American Pharmacy, USA – Morgantown, WV (Wilbur Hackett)
- CVS Pharmacy #4136 – Morgantown, WV (Heather Butler, Pharm.D. and Robert Yost)
- Giant Eagle #58 – Morgantown, WV (Stella Moats, Pharm.D.)
- K-Mart Pharmacy #4963 – Morgantown, WV (Ronald Lough, R.Ph. and Charlene Haas, R.Ph.)
- Rite Aid Pharmacy #3399 – Franklin, WV (Randy Bowers and Mike Wagner)
- Belldina’s Pharmacy – Masontown, WV (Eric Belldina)
- Fruth Pharmacy #12 – Huntington, WV (Julie Burns and Eric Lloyd)
- Pineville Pharmacy – Pineville, WV (Rhonda Rose)
- Rite Aid Pharmacy #1562 – Charleston, WV (Kelly Stetchock)
With this being the first of what we hope to be a continual and beneficial newsletter we invite all preceptors to be a part of this process. We encourage you to submit ideas, upcoming events at your site, photos of yourself, students on rotation, or other relevant photos that could be used in this newsletter.

Our goal is to use this newsletter as a format in which we can share ideas and information, highlight and reflect on all of the positive aspects of WVU’s School of Pharmacy and all of our wonderful preceptors, and to serve as a reference for important dates and information.

Welcome New Preceptors and Sites!
(continued)

- Valley Pharmacy – Reedsville, WV (Kathy McNeill)
- PharmaCare Pharmacy – Cumberland, MD (Keith Broome)
- Access Health Pharmacy – Beckley, WV (Dave Rumberg)
- Giant Eagle #58 – Morgantown, WV (Sarah Deem, Pharm.D.)

Thank you to each and every preceptor for your hard work. Without you are students would not be able to receive the excellent experiences that prepare them for life after pharmacy school.

Clinical Pearls
Diabetes Month – by Dr. Charles Ponte

1) Persons with diabetes who practice blood glucose monitoring may have difficulty obtaining a capillary blood sample from their fingertips. A simple rubber band can be used as a makeshift tourniquet to keep blood pooled in the distal end of the finger. Simply wrap the rubber band snugly around the DIP joint (closest to the finger tip) prior to using a lancet device to obtain a blood sample. The lancet stick should yield an adequate drop of blood.

2) Over hydration of the skin can occur if a person with diabetes uses excess moisturizing lotion between the toes. This “wet environment” between the toes can serve as a portal of entry for bacteria and fungi increasing the possibility for infection.

3) Persons with diabetes may experience increased sweating associated with drug-induced hypoglycemic reactions if they concomitantly take beta-blockers. Since sweat glands are innervated via alpha_1 receptors, unopposed stimulation can result in excessive sweating.

4) The early use of insulin for persons with newly diagnosed type 2 diabetes can result in preserved beta cell function and may improve the likelihood of a good response to oral antidiabetic agents.

5) Insulin glargine (Lantus) can be administered at any time during the day. However, the time of administration should be kept as consistent as possible. Unlike all the other commercially available insulin preparations, insulin glargine’s absorption is “site independent” meaning that it can be injected into the abdomen, anterior thigh or upper arm with equal absorption characteristics.

6) Poor glycemic control in a person with long-standing type 2 diabetes may result from diabetic gastroparesis; a form of diabetic autonomic neuropathy. The findings of early fullness or bloating following a meal, abdominal distress, nausea or late vomiting of undigested food may indicate the presence of this diabetic complication.
Name the Newsletter Contest

You’ve probably noticed that we haven’t chosen a very catchy title for our newsletter. “The Preceptor Newsletter” gets the point across, but let’s face it, it’s pretty bland! So, we are having a contest to name the newsletter. The winner will receive their choice of one of the following books: Preceptor’s Handbook for Pharmacists by Cuellar and Ginsberg or Pharmacy Clerkship Manual by Nemire and Kier.

Please submit your suggestions to Jenny Ostien at jostien@hsc.wvu.edu by December 30, 2005. The new name will be used in the next edition of the newsletter.

Web Site for Preceptors

Beginning with the 2006-2007 experiential year, all preceptors materials will be available online from SOLE. SOLE is a web-based tool for students and faculty to access course information. The preceptor site will include the preceptor manual, the student manual, WVU SOP experiential education policies and procedures, the preceptor newsletter, and student assessment forms in addition to links to a variety of resources. Resources available on SOLE include Clinical Pharmacology and Clinical Pharmacology OnHand (download for PDAs).

Preceptors will need to provide us with an email address in order to access SOLE. Hotmail email addresses are not acceptable. Work email addresses are preferred because they change less frequently. If you have not already sent us your email address, please do so as soon as possible.

Library Access for Preceptors

SOP preceptors with adjunct faculty appointments now have access to the HSC library online resources. WVU has recently assigned all faculty, staff, and students a unique ID number to use in place of the previous social security number. You will need to follow the instructions below to obtain your new ID. Once you have obtained your new number, you may begin using the library resources.

The new password for remote access to databases or electronic journals is a person’s birthday plus the last four digits of his WVU ID number. For example: If someone’s birthday is July 4 and WVU ID number is 700-12-3456, his password would be 043456. This number will also be needed to register for Interlibrary Loan services.

You can determine your new ID number by going to http://wvuid.wvu.edu/ and clicking on Find Your WVU ID in the left menu. Then, select "Lookup with Social Security Number."

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